



VETSUPPORT

PROFESSIONAL NEW GRADUATE MENTORING



ARE YOU A NEW GRADUATE?

Have professional mentor, Dr Cathy Warburton, guide you through the first year of your career so you can reduce your worries and concentrate at work while being supported. Smoothly transition into work by knowing you have a safe, private and supportive platform to share your successes and concerns with a group of your peers as well as Cathy. This program promotes resilience and personal growth for improved job satisfaction, health and happiness. Did you know that happier people earn more?

ARE YOU EMPLOYING A NEW GRADUATE?

Have a professional mentor guide your new graduate employee through the first year of their career so that you can relax and concentrate on supporting their clinical skills. VetSupport provides a safe, private and supportive platform for newer graduates to share their successes and concerns with a small group of their peers. By creating long term supportive relationships and providing evidence based information on what troubles people during times of transition, this program smooths the transition from vet student to veterinary professional. Did you know happy employees are 30% more productive?

Employers are invited to a free Q&A with Cathy Warburton before the program starts to make sure we look after your staff the way you want. Two employers sessions are also available for bosses of participants who want professional coaching support for their experiences with New Graduates.



EDUCATION LEADERS

Dr Cathy Warburton

*BSc, BVMS, MACVSc, MVS,
TAA, Dip Pos. Psych. and Well-being*

Cathy graduated from Murdoch University in 1989 as a veterinarian. She worked as a clinician, trainer and manager in private, university and corporate practices for 25 years, mostly in the pressure cooker environment of Emergency and Critical Care. Cathy completed a Diploma in Positive Psychology and Well-being and further training in coaching before starting Make Headway with the aim of having professionals support professionals to advance veterinary mental health.

LOCATION

Online

PRICE

\$785 +GST Includes Free Q&A session with Cathy
Add \$200 to include two employer only sessions

WORKSHOP DATE

10 sessions are held monthly* between February 27th - November 27th 2019. Sessions are live, start at 2pm and go for 90min. Homework can be done at any time between sessions and takes about 2 hours.

CPD VALUE

27 CE points

CONTACT

support@vetprac.com

BOOK NOW

YOU WILL LEARN ABOUT

- Setting realistic expectations
- Effective self-care
- Building resilience through developing and accessing resources
- Stress and stress management
- Developing confidence through managing unhelpful thoughts
- Self-evaluation and reflective practice
- Emotional intelligence
- Your personal strengths and values
- Positive communication strategies
- Assertive communication – talking money
- Creating your support network
- Sustainable work engagement
- Setting and working towards meaningful goals

Register at  www.regonline.com.au/VetSupport19

or call  0414581600 or email  support@vetprac.com

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PRACTICAL SKILLS FOR PRACTICAL VETS