




Maggie, 15

Help them by helping them  up.

THE HELP  UP HARNESS

The lifting & mobility harness recommended by most Vets & Therapists.

The Help'EmUp® is a unique lifting harness that can literally lift the spirit of aging, injured or recuperating dogs. By placing two handles - one over the shoulders and one over the hips - where anyone can quickly reach them - you can **lift or stabilize your dog at any moment**. This is critical for aging dogs or those rehabilitating from injuries or surgery. Truth is, **we believe the pain it spares may very well be yours**, as our harnesses allow you to lift without stress.

Unlike towels or slings that need to be applied with each use, our harnesses **can be left on for extended periods of time**, making them vital tools for surgeons, veterinarians, vet techs, rehab therapists and you! For virtually anyone who needs help lifting and moving dogs on a daily basis.

Introducing The Help'EmUp® Harness with “Hip Lift”. The complete **lifting/mobility harness system.**

The harness features **11 separate fitting adjustments**: providing total flexibility to adjust to the unique dimensions of every dog. It offers additional innovations like air flow fabrics, quick clip fasteners and perforated neoprene, all of which work extremely well to keep dogs cool and comfortable.

Unlike other lifting devices, the Help'EmUp lifts from **directly under the sternum and pelvis**, this **avoids putting pressure on joints, tendons, hips and spine**. You can support your dog quickly and easily, thereby assisting with recovery and rehabilitation and **dramatically reducing the chance of re-injury**.

And **now** we've added **two** new sizes and walking accessories to go with the harnesses. Walking accessories assist owners with lifting and walking their dog to keep them active and healthy. The two new sizes **provide more options for smaller dogs** so they can benefit from the Help'EmUp harness. Look for them inside and go on-line to our website to view our demonstration videos at helpemup.com.

Go on-line @ www.helpemup.com to learn more about us.



Step 1 Fasten the metal clip at the front of both the Walking Handle and the Walking Leash Shoulder Straps to the front "D" ring for total body lifting. Fasten it to the "O" ring at the rear of the front - to support the hips.



Step 2 Disconnect the clip on the back of either leash and pass the male half under the handle of the Hip Lift - at the top of the harness - and refasten it to the clip. Now you are ready to adjust length.



Step 3 Adjusting the length will depend a lot on your size relationship to your dog and whether you want to support more towards the front, middle or rear of your pup. Dual adjustments allow you to do all three.

Go to www.helpemup.com to see video demos on walking leads.



Walking All of the walking accessories help you add support while walking but they also help lend confidence to your aging, injured or recuperating dog.



Lifting The straps are designed to help you lift a little or a lot and although you can lift all of your dog it's more about leveraging and getting them to help out.



Supporting This is where a shoulder strap can be very helpful - giving support to injured, aged or recuperating dogs getting in and out of vehicles. A little support helps a lot!

Our patented "Hip Lift" puts a handle where you need it most - over your dog's hips! Our unique device supports your dog from under the pelvis - while providing plenty of clearance for urination and defecation.

The "Hip Lift" creates a webbing that allows you to lift your dog's hips up & off the floor quickly and safely. It's the ultimate aid in assisting dogs that are recovering or rehabilitating from spine, knee and hip issues.

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Chloe, 8

Shown: Medium Harness Size: 35 to 75 lbs.

Neck: 12-26" Chest: 16-36" Waist: 14-26" Color: Orange with Black & Grey

How long? You can leave the harness on for extended periods, but at night let them sleep without it or disconnect the 2 support straps.

Accessories

The **M/L** Walking Leash Shoulder Strap



Annie, 9

The **Walking** Handle



Roxy, 8

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The Walking Handle is a walking leash that allows you to support your dog! It's not so much about lifting as it is being there to add confidence and rear end support for various reasons. Its pivoting handle lets you

support without it getting in the way! All three of our unique walking accessories help you to utilize the qualities of our total lifting harnesses while also alleviating stress to you and your back!

The New XSmall The New XSmall is now more specifically designed to fit even the smallest of dogs. Like all of our larger harnesses it now has 11 separate adjustments to easily fit to your dogs dimensions.

Great for Bichons, Shih Tzus, Yorkshires and many more. We've also padded the connector strap, which provides a unique center handle and also protects the spine.

Note: Owners are also finding it works well for cats!

Turbo, 9



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Shown: XSmall Harness Size: 8 to 20 lbs.

Neck: 6-18" Chest: 8-24" Waist: 6-20" Color: Red with Black & Grey

Care: All harnesses are machine washable. Use mild detergent and set washer to delicate cycle. Let air dry for greater longevity.



Assisting them up and down stairs is what it does best - but it also helps re-establish their confidence and gives you a free hand!



It's very helpful to lift and guide your dog in and out of vehicles by keeping the shocks to joints and spine at a minimum.



For dogs in rehab it's a plus, you can support them in and out of the tank or pool. It's also made of neoprene, so it's great in the water.

Go to www.helpemup.com to see video demos on fitting.



Getting them up off the floor while helping to protect the opposite Anterior Cruciate Ligament makes the harness a lifesaver.



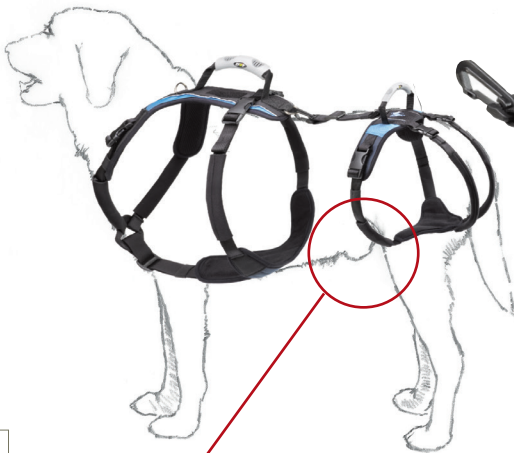
Ramps and stairs are great but for dogs with vision, Wobblers or strength issues, the harness provides stability and guards against falling!



Don't forget the little guys! They are high on the list of spinal issues and the harness can be extremely helpful keeping them mobile.

Choosing the correct “Hip Lift.” The patented Hip Lift is what makes our harness unique. There are two versions of the Hip Lift. The Conventional version which fits all female dogs and the majority of male dogs.

The “U” Band version is for those males whose penis is located **farther back** - between or just even with the front of the hind legs. The “U” Band has a neoprene padded opening for their penis to pass through.



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The **Conventional** Hip Lift:

1. Fits all females and most males.
2. On many males the penis will be 2 or more inches forward of the front edge of the hind legs.
3. The belly band fits across the back half of the penis.
4. Males and females can urinate freely while being supported.
5. The new pelvic pad is one piece and is more ergonomic for more comfort.
6. The support straps are now covered with neoprene sleeves.
7. Support straps run on either side of the tail.

Belly Band

New Neoprene Sleeves

New Ergonomic one piece Pelvic Pad

New Neoprene covered Support Straps

Go on line @ www.helpemup.com to see



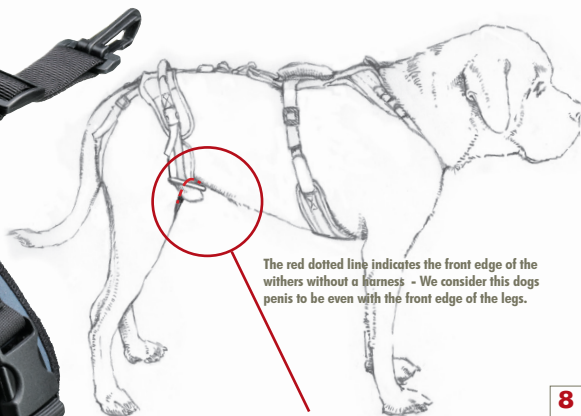
The Conventional version has a continuous belly band that crosses over the backside of the penis, allowing it to protrude out forward for clearance while urinating. The "U" band version however, has an opening that lets the penis

drop through, providing plenty of clearance. For these males - looking from the side, you may just see the tip of their penis in front of their hind legs, as shown below. These dogs will probably need the "U" band version.



Pelvic Pad

Padded U shaped opening



The red dotted line indicates the front edge of the withers without a harness - We consider this dogs penis to be even with the front edge of the legs.

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The "U" Band Hip Lift:

1. For males whose penis is even with or located behind the front of rear legs.
2. This version has a padded U shaped opening for the penis to pass through.
3. This opening provides clearance for the male penis to pass through.
4. This allows Dogs to urinate freely while being supported
5. The pelvic pad can be moved or removed to gain space for intact dogs.
6. The padded support straps run on either side of the tail.
7. The opening is ergonomically contoured and padded with neoprene.

videos on selecting the correct Hip Lift.

Every dog is unique, so we have a range of adjustments to accommodate any and all dogs. Start with weight to help select the correct size and use individual dimensions to fine tune. You may find your dog is on the cusp of one

size or another. We generally advise staying with the smaller harness, as less harness makes for more comfort. We also offer strap extenders in case you need a little more length on some straps. Find them on our website.

Sizing your harness.



Note: Every harness comes fully assembled.

Sizes:

XSmall

Small

Medium

Large

XLarge

Neck

6" to 18"

8" to 24"

12" to 26"

16" to 36"

20" to 40"

Chest

8" to 24"

10" to 32"

16" to 36"

20" to 40"

24" to 44"

Waist

6" to 20"

10" to 24"

14" to 26"

16" to 30"

18" to 36"

Weight

8 to 20 Lbs.

20 to 35 Lbs.

35 to 75 Lbs.

75 to 115 Lbs.

115 to 220 Lbs.

Handling big breeds safely and easily is a challenge for both vets and owners - it's also the area where our harness excels. By supporting their mass from under

the chest and pelvis, you can lift a very large dog with less effort and greater confidence than by using a towel or other device. As we say, lifting both body and spirit!

Bear, 9

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Shown: XLarge Harness Size: 115 to 220 lbs.

Neck: 20-40" Chest: 24-44" Waist: 18-36" Color: Gold with Black & Grey

Care: All harnesses are machine washable. Use mild detergent and set washer to delicate cycle. Let air dry for greater longevity.

Walking

Introducing the New **Help'EmUp Walking** Accessories.

**The XL Walking
Leash Shoulder Strap**

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Chico, 8

The XL WL/SS allows you to add a shoulder while lifting and walking even the largest dogs! Its longer length and wider strap are perfect for adding the extra leverage needed to maneuver even the largest breeds.

The Med-Lg WL/SS This leash is shorter but works very well walking and supporting larger dogs who may be having issues while urinating or defecating. Walk & support while standing erect.

Introducing the New Small. We've filled the gap with our new size. Designed for dogs too large for the Extra Small and too small for the Medium - this version is just right. It has less material around the neck and under

the hips for increased mobility and greater comfort. It's still built the same as our larger harnesses with nylon tubing and Neoprene padding. Perfect for Schnauzers, Pugs, Terriers, Spaniels, Dachshunds and many more.



BoDeane, 10

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Shown: New Small Harness Size: 20 to 35 lbs.

Neck: 8-24" Chest: 10-32" Waist: 10-24" Color: Green with Black & Grey

Note: The New Small also comes in a "U" Band version for those male dogs whose penis starts further back.

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The **Walking** Handle

Length: Max:21" Min:8"
Width:1.5"
Weight: Max:110 Lbs

The Walking Leash Shoulder Strap **M/L**

Length: Max:64" Min:21"
Width:1.5"
Weight: Max:110 Lbs

The Walking Leash Shoulder Strap **XL**

Length: Max:69" Min:24"
Width:2"
Weight: Max:220 Lbs

Our full body harness is padded, lightweight and very comfortable to wear. The “T” shaped chest pad, bellyband, pelvic pad and padded straps all support from under the sternum and pelvis. These elements spread the weight

evenly thereby avoiding placing pressure on joints or tendons. All pads are constructed with neoprene and are lined with either micro fleece or air flow fabrics to provide optimal comfort and cooling for your dog!



Kona, 12

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Shown: Large Harness **Size: 75 to 115 lbs.** **Conventional Hip Lift shown**
Neck: 16-36" Chest: 20-40" Waist: 16-30" Color: Blue with Black & Grey
Hip Lift Variation: We offer 2 versions of the "Hip Lift" - Conventional and "U" Band. Check out pages 7-8 for details.

"The Help'EmUp is the ultimate aid in assisting older dogs to overcome everyday obstacles - those recuperating from post-operative surgery or those who require rehab."

Dr. Lisa Klopp, DVM, MS, ACVIM

"Beautifully designed to support the dog under it's skeleton, with cushy padding in all the right places. Our dogcart customers love it."

Leslie Grinnell, Eddies Wheels, MA

Feedback from Professionals!

"Thank you for creating this harness! We use your product extensively in our practice and it has been a life saver for both our patients and our staff."

Dr. Mellissa Wajda, Orchard Park Vet Medical Center, NY

"I recommend the Help'EmUp to all our senior and neurologically challenged patients needing mobility assistance and confidence building for both the pet and owner."

Kristen Hagler, RVT, CCRP, CVPP, Marin, CA

Caution: Use only on dogs as an aid in lifting or restraint. The harness will need to be adjusted to properly fit each dog's unique dimensions. Follow sizing instructions & refer to diagrams. Do not leave it on your dog for over-extended periods of time. Use it as needed and then remove. You can loosen straps on the harness when your dog is laying down. Watch for hot spots, chaffing or overheating with sensitive skin. Take it off at night if you can to give your dog a break. Machine wash and air dry for greater longevity.

Warranty: Blue Dog Designs guards against defects in materials and workmanship. We do not cover damage due to chewing, excessive wear, unnatural abuse or alteration of the original product.

All sales are final: We offer a 7-Day exchange policy [Size exchange or Style exchange for the Hip Lift Portion of the harness].

Order online @: **helpemup.com** Email: **cary@helpemup.com** Call: **720.237.6852**
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